

# Hey Mama, How are you sleeping?

**As Black women experience poorer sleep, especially during pregnancy, our study seeks to understand how Black women experience sleep during pregnancy.**

**If you are a Black woman older than 18 years old who is currently pregnant, we invite you to a one-hour virtual interview to share your experience. All participants will be given a \$50 gift card for their time and contribution to the research.**

**Please contact Celsea Tibbitt if you are interested  
(857) 376-9909**

**tibbitt.c@northeastern.edu**

**Northeastern University School of Nursing**

**IRB #23-05-30 Approved on 06/26/2023**

